



Statistics Report 01300, Ice cream bar, covered with chocolate and nuts

Report Date: July 16, 2017 19:11 EDT

Nutrient values and weights are for edible portion

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	90	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Iron, Fe	mg	1.21	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Magnesium, Mg	mg	37	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Phosphorus, P	mg	146	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Potassium, K	mg	304	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Sodium, Na	mg	56	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Zinc, Zn	mg	0.81	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Copper, Cu	mg	0.164	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Selenium, Se	µg	3.1	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Thiamin	mg	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Riboflavin	mg	0.230	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Niacin	mg	1.228	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.281	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Folate, total	μg	14	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Folic acid	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Folate, food	μg	14	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Folate, DFE	μg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Choline, total	mg	38.0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin B-12	μg	0.49	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin A, RAE	μg	61	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Retinol	μg	56	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Carotene, beta	μg	56	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Cryptoxanthin, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin A, IU	IU	281	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Lycopene	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Lutein + zeaxanthin	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin E (alpha-tocopherol)	mg	0.54	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Vitamin D (D2 + D3)	μg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
Vitamin K (phylloquinone)	µg	1.7	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Lipids													
Fatty acids, total saturated	g	15.904	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
4:0	g	0.347	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
6:0	g	0.255	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
8:0	g	0.713	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
10:0	g	0.807	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
12:0	g	4.150	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
14:0	g	2.625	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
16:0	g	4.674	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
18:0	g	2.333	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Fatty acids, total monounsaturated	g	6.208	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
16:1 undifferentiated	g	0.238	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
18:1 undifferentiated	g	5.918	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
20:1	g	0.052	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Fatty acids, total polyunsaturated	g	1.879	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
18:2 undifferentiated	g	1.721	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
18:3 undifferentiated	g	0.159	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Cholesterol	mg	56	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Caffeine	mg	4	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015
Theobromine	mg	41	--	--	--	--	--	--	--	--	Calculated or imputed	43506	06/2015